

QUICK STEPS OF DANCE LIFE

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PETIT GUIDE: INSPIRATION

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1. FEEL LIKE QUITTING? DO THIS INSTEAD.
2. NAIL YOUR WHOLE DANCE CAREER BY DOING THIS ONE THING
3. REJECTED AGAIN: HOW TO TRUST THE PROCESS
4. HOW TO DANCE THROUGH LIFE
5. WHAT TO DO WHILE YOU'RE WAITING FOR YOUR DREAMS TO COME TRUE
6. DANCE IT OUT: BREAKING FREE FROM ANXIETY
7. BATTLING THE 'FORGET-ME-NOTS'
8. HOW YOUR FOCUS AFFECTS YOUR ATTITUDE ABOUT YOUR CAREER